



# Family Questionnaire

## Is my student ready for coaching?

**Coaching can be a powerful tool to help your student reach their potential. But it requires that they are in the right state of mind to work towards their goals. Use this questionnaire to decide if coaching is a good fit for your student.**

1

*Is your student open to talking about the future (6-12 months down the road)?*

2

*Is your student honest with themselves about their strengths and challenges?*

3

*Does your student have a good understanding of their autism diagnosis and what it means?*

4

*Has your student had any type of experience with therapy or counseling?*

5

*Is your student open to kind and constructive feedback?*

6

*Does your student feel motivated to make a change or work towards an important goal?*

**If you answered mostly 'yes' to these questions, your student may be a great candidate for coaching. [Schedule an intro call here](#) to learn more.**

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